# MASTER INTRODUCTORY PSYCHOLOGY Complete Edition

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Find explanations and examples of all of these key terms and more here:

Master Introductory Psychology: Complete Edition

## Treatment – Key Terms

psychiatrist neurologist clinical psychologist counseling psychologist clinical social worker psychotherapy biomedical treatment psychoanalysis resistance transference interpersonal therapy humanistic therapy **Carl Rogers** person-centered therapy / client-centered therapy unconditional positive regard active listening Fritz Perls Gestalt therapy empty-chair technique Behavioral therapy aversion therapy

exposure therapy counterconditioning Joseph Wolpe systematic desensitization flooding token economy cognitive therapy Aaron Beck cognitive triad catastrophizing Albert Ellis rational emotive behavior therapy cognitive restructuring Cognitive-Behavioral Therapy (CBT) couples therapy family therapy group therapy self-help / support groups psychopharmacology antipsychotic medication / neuroleptics deinstitutionalization dopamine hypothesis anti-anxiety medication / anxiolytics benzodiazepines antidepressant medications

monoamine-oxidase inhibitor (MAOI) tricyclic antidepressant (TCA) catecholamine hypothesis serotonin hypothesis selective serotonin reuptake inhibitor (SSRI) mood stabilizers lithium electro-convulsive therapy (ECT) transcranial magnetic stimulation (TMS) phototherapy psychosurgery deep brain stimulation spontaneous remission regression to the mean nonspecific treatment effects therapeutic alliance placebo effect nocebo effect malingering outcome studies process studies well-established treatments probably-efficacious treatments wait-list control group anti-rumination

You can find explanations, examples, and memory tips for these terms and more in <u>Master</u> <u>Introductory Psychology: Complete Edition</u>. This comprehensive 478 page guide breaks down all the key concepts in psychology so you can explore this fascinating field easily and on your own. Whether you're studying for AP psychology, IB psychology, a college course, or you just want to better understand the world of psychology, this book has what you need.

Master Introductory Psychology is also available as a series of 4 books in ebook and print format.

#### <u>Volume 1</u>

History & Approaches, Research Methods, Biological Bases of Behaviors, Sensation & Perception

### <u>Volume 2</u>

Learning, Memory, Language & Cognition, States of Consciousness

### <u>Volume 3</u>

Intelligence, Personality, Motivation & Emotion, Development

#### Volume 4

Social Psychology, Stress & Health, Psychological Disorders (up-to-date for DSM-5), Treatment